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- The food handler will know not to handle food with an infected boil, cut, burn, or sore on the hand or wrist. Food may be handled if the injury is covered with a clean bandage and a latex-free glove. Section 1.2 Hand-Washing Workers will understand elements of good hand-washing.
- The food handler will be able to

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in the human body. Fortified Food. foods to which nutrients are added in amounts greater than what would naturally occur in the food. Carbohydrate. the body's chief source of energy. Glucose. the form of sugar carried in the bloodstream for energy use throughout the body. Fiber.

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